



SRI SRI ANIRUDDHADEVA
SPORTS
UNIVERSITY

NEWSLETTER

Volume : 2

Issue : 3 & 4

Date: July, 2022



Sri Sri Aniruddhadeva Sports University
Chabua, Dibrugarh, Assam
www.sasu.ac.in

EDITORIAL

Paradigm Change in Sports and Physical Education

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The history of Physical Education and Sports dates back to ancient Greece. The prevalence of Physical Education and Sports in various forms as an integral part of society and culture can be traced back to ancient times. The scope of Physical Education and Sports in recent times provides various avenues both in the public and private sectors. Physical Education is a multidisciplinary subject encompassing various allied subjects like Psychology, Physiotherapy, Physiology, Management, Biomechanics, Yoga and Naturopathy, etc., thus creating rich opportunities for the students to explore and excel in a specific manner. Physical Education and Sports are aspects of human life that is of paramount importance. It certainly increases the quality of human life. In the present scenario of the Covid 19 pandemic, where people are of the common opinion that engaging themselves in physical activities, physical education, and sports can play a catalytic role in creating a positive attitude towards maintaining a healthy lifestyle.

Moreover, the prevalence of obesity in most school-going children is in alarming state. Apart from this, the other risk factors due to faulty and sedentary lifestyles are a major concern to society.

As per New Education Policy 2020, all states need to introduce Physical Education as a compulsory subject in the school curriculum. The objective of mandatory Physical Education is to encourage students to become fit and healthy citizens of India. On the other hand, mass participation of students in Physical Education and Sports activities will provide better opportunities to showcase their sporting talents. As the saying goes, "Catch them young and train them right", the inclusion of Physical Education can help in motivating, identifying, and nurturing hidden sporting talents at a young age.

Assam, a northeastern state known for its lush greenery and rich culture along the Brahmaputra and Barak River valleys, has full of sports-loving people. Undoubtedly, various indigenous games played across the state also depict the prominence of sports as a part of the state's rich culture.

Legendary basketball player Michael Jordan said, "Never say never, because limits, like fears, are often just an illusion."

Getting the youths engaged in physical activities can proliferate quality education, ensuring all-round physical and mental development and building a better society and a stronger Assam.

*K.K. Bora
Lecturer, SASU, Dibrugarh*

NEWS & EVENTS

Seventh International Day of Yoga



The University celebrated the International Day of Yoga on 21st June 2021, with the theme “Be with Yoga, Be at Home”. Olympian Shri V.S. Chauhan, Arjuna Awardee was the Chief Guest on the occasion. Prof. J. P. Verma, Vice Chancellor, SASU, delivered the welcome address in the program. All eighty-eight participants registered in the program actively participated in the yoga activities. After completion of the program, they were awarded the certificate of participation. Sri Sanjoy Dutta, ACS,

Registrar, SASU, offered the vote of thanks. Mr. Mahendra Singh and Miss Purnima Chetry were the instructors in the program.

Celebration of 75th Independence Day

The University celebrated the 75th Independence Day on 15th August 2021, in the Study Centre of the University. Prof. J. P. Verma, Hon’ble Vice Chancellor of the University, hoisted the National Flag. During the occasion faculty members, office staff, and other guests were present. Prof. Verma congratulated the audience and extended his best wishes on this pious occasion. In his address, he showed his gratitude to all the freedom fighters

who helped in liberating India from British rule. Prof. Verma emphasized his commitment to establish Sri Sri Aniruddhadeva Sports University as an innovative University in the area of Physical Education and Sports. Further, he urged all the SASU staff to take a pledge on this pious day to put their collective efforts and cooperation for the advancement of this University.



NEWS & EVENTS

Interaction with Faculty and Students



Sri Sri Aniruddhadeva Sports University organized an interaction program at the Conference Hall of SASU on 3rd November 2021. Prof. J.P. Verma, Hon'ble Vice Chancellor of Sri Sri Aniruddhadeva Sports University, addressed the students and discussed various issues. He assured them that they would get all possible assistance and cooperation to complete their Post Graduate Diploma in Sports Coaching program successfully. Prof. Verma also

counseled the students and inspired them to strive for success. Sri Partha Pratim Bairagi, ACS, the newly appointed Registrar of SASU, was also welcomed and introduced by Prof. Verma during the meeting. The faculty members Sri Kirti Kamal Bora, Dr. Hemantajit Gogoi, and other non-teaching staff members also attended this program.

Celebration of 73rd Republic Day

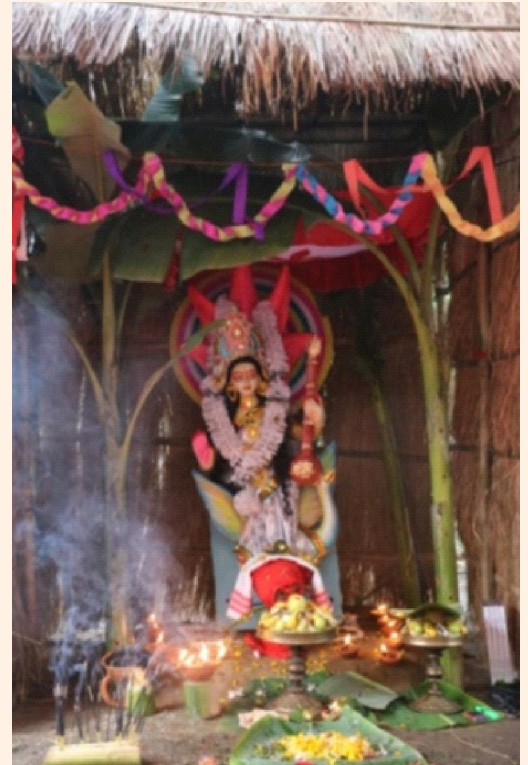
SASU celebrated the 73rd Republic Day on 26th January 2022 by maintaining all the Covid- 19 protocols at the Study Centre of the University. Prof. J.P. Verma, Hon'ble Vice Chancellor of the University, unfurled the Tri-color followed by the salutation to the National Flag. The auspicious program was attended by the Registrar, Sri Partha Pratim Bairagi, ACS, faculty and other staff of the University. Hon'ble Vice Chancellor addressed the gathering and congratulated the University community on the occasion.



NEWS & EVENTS

Saraswati Puja Celebration

The celebration of Saraswati Puja was observed on 5th February 2022, in the Study Centre of the University. The faculty, staff members and students of the University participated in Puja. Prof. J.P. Verma, Vice-Chancellor of the University, Dr. Mantu Baro, Director I/c, Centre for Studies in Physical Education and Sports, Dibrugarh University, graced the occasion with their presence.



Joining of Sri Partha Pratim Bairagi, ACS, as Registrar, SASU



Sri Partha Pratim Bairagi, ACS, has been deputed vide Government Notification No. AAA 11/2016/70-A dated, 28th September 2021, and Sports & Youth Welfare Department Notification No. SYW 121/2020/80, dated 1st October 2021. The newly deputed Registrar has taken over the charge from the existing Registrar, Sri Sanjoy Dutta, ACS on 4th October 2021.

Joining of Dr. Arun Chandra Das, AFS, as FAO, SASU

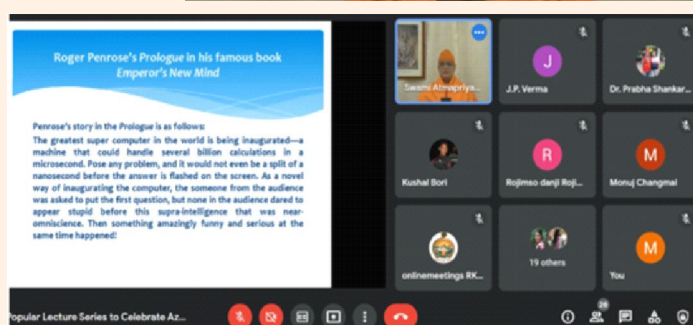
Dr. Arun Chandra Das, AFS, joined Sri Sri Aniruddhadeva Sports University, Chabua, to hold the additional charge of Finance and Accounts Officer of the University, vide Government of Assam Notification FEB.03/2015/149A and FEB.03/2015/149, dated 6th January 2021.



AZADI KA AMRIT MAHOTSAV

Lecture on Managing Life Through Swami Vivekananda Preaching

The first lecture of the popular lecture series was conducted on 7th December 2021 at 5.00 PM at the administrative building of Sri Sri Aniruddhadeva Sports University. The lecture was organized in online mode and the speaker was Swami Atmapriyananda Ji, Pro-Chancellor, Ramakrishna Mission Vivekananda University, West Bengal. The event was graced with an introductory speech by Dr. Hemantajit Gogoi, Coordinator, Azadi Ka Amrit Mahotsav followed by the formal welcome speech by Prof. J. P. Verma, Vice-Chancellor, Sri Sri Aniruddhadeva Sports University, Chabua, Assam. The lecture of the Hon'ble speaker started with a prayer and afterward, he talked about how to live a meaningful life following Swami Vivekananda's view. All the faculty and administrative staff along with the students of PGDSC of the University and a few outside attendees were also present during the session. The event ended with a vote of thanks by Sri Partha Pratim Bairagi, ACS, Registrar of the University.



Lecture on Yoga for Healthy Society

The second lecture of the popular lecture series was conducted on 5th February 2022 at 5.00 PM through online mode in which the speaker was Swami Atmapriyananda Ji, Pro-Chancellor, Ramakrishna Mission Vivekananda University, West Bengal. The event started with an introductory speech by Dr. Hemantajit Gogoi, Coordinator, Azadi Ka Amrit Mahotsav followed by the formal welcome speech by Prof. J. P. Verma, Vice-Chancellor, Sri Sri Aniruddhadeva Sports University, Chabua, Assam. Under the title of the lecture, "Yoga for Healthy Society"; the speaker delivered a motivational talk on Yoga for Wellness, Peace, and Harmony and afterward, students of M.A. and Postgraduate Diploma of RKMVERI demonstrated Yoga Asanas and Surya Namaskara. All the faculty and administrative staff along with the students of PGDSC, SASU, and a few outside attendees were present during the session. The event was also graced by the presence of Prof. G. D. Sharma, VC, USTM, and Ashok Kumar Khandelwal, Finance Officer of LNIPE. The event ended with a vote of thanks by Mr. Kiriti Kamal Bora, In-charge Academics, Sri Sri Aniruddhadeva Sports University, Chabua, Assam. This lecture was conducted as a scheduled activity to celebrate the Azadi Ka Amrit Mahotsav.



AZADI KA AMRIT MAHOTSAV

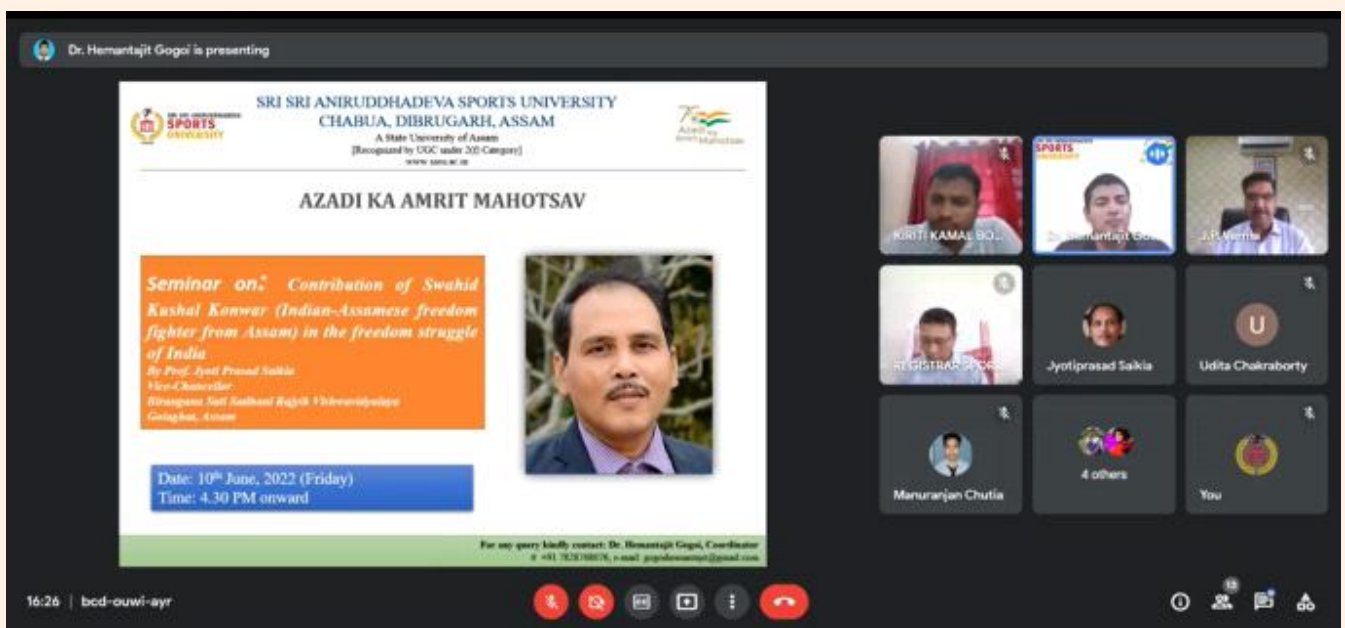
Tree Plantation Program

A tree plantation program was organized by Sri Sri Aniruddhadeva Sports University, Chabua, Assam, on 6th June 2022 as a scheduled activity to celebrate Azadi Ka Amrit Mahotsav. The venue of the program was the campus of the DICC building cum Administrative Office of the University. The program was graced by Shri Punakan Baruah, Hon'ble MLA, Chabua LAC, Prof. J.P. Verma, Vice Chancellor, SASU, Dr. Kiran Hazarika, Member UGC, Sri Partha Pratim Bairagi, ACS, Registrar, SASU, Mr. Pratul Baruah, President of Rotary Club, faculty members and other administrative staff of the University along with the office staff of DICC, Dibrugarh.



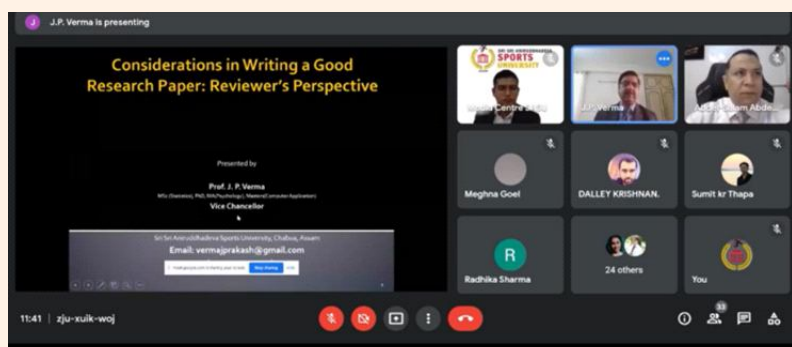
Seminar on Saheed Kushal Konwar in Freedom Struggle

Under the Azadi Ka Amrit Mahotsav a webinar on "Contribution of Saheed Kushal Konwar (Indian-Assamese freedom fighter from Assam) in the freedom struggle of India" was organized by Sri Sri Aniruddhadeva Sports University on 10th June 2022 at 4.30 PM in online mode. The webinar was started after introducing the speaker Prof. J.P. Saikia, Hon'ble Vice Chancellor, Birangana Sati Sadhani Rajyik Vishwavidyalaya by Dr. Hemantajit Gogoi, Coordinator of the program. After the formal welcome by Prof. J.P. Verma, Hon'ble Vice Chancellor of the University, Prof. J.P. Saikia gave a brief account of Saheed Kushal Konwar's contribution to India's freedom struggle. The webinar was attended by a large number of participants. The lecture delivered by Prof. Saikia was greatly appreciated by the audience. Towards the end of the program, Sri Partha Pratim Bairagi, ACS, Registrar, Sri Sri Aniruddhadeva Sports University, Chabua, Assam offered the vote of thanks.



RESEARCH ACTIVITIES

Webinar on Considerations in Publishing Scientific Research



A webinar on "How to Publish Scientific Research in Renowned Journals - Reviewer's Perspective" was organized on 18th December 2021, from 11:30 AM to 2:30 PM by the Research Forum of Sri Sri Aniruddhadeva Sports University, Chabua, Assam in collaboration with the Qatar University, Qatar. The webinar was an effort to sensitize the research scholars of Sports Science & Physical Education on Research Methodology.

The first lecture was delivered by Prof J. P. Verma, Vice-Chancellor of Sri Sri Aniruddhadeva Sports University, in which he covered various important aspects of scientific research like the importance of sample size selection, testing assumptions, and using appropriate designs in enhancing the accuracy of findings. The second lecture was delivered by Prof. G. Abdel Salam, Associate Professor, Qatar University. He discussed various important topics like how to link the research questions to data analysis, avoiding common mistakes, selecting appropriate analysis, and understanding common assumptions. This event was conducted as a scheduled activity to celebrate Azadi Ka Amrit Mahotsav and was coordinated by Dr. Hemantajit Gogoi, Faculty, Sri Sri Aniruddhadeva Sports University.

Seminar on Focus Towards Quality Research



A one-day Seminar on "Focus Towards Quality Research" was jointly organized by Sri Sri Aniruddhadeva Sports University, Chabua and the Assam Royal Global University, Guwahati on 17th June 2022 in Guwahati. The seminar was organized on the premises of the Assam Royal Global University, Guwahati. A day-long session witnessed the discussion on the benchmarks for quality assessment in research. The seminar started with an introductory speech by Prof. Mihir Kanti Choudhury, Senior Adviser of the University. The lead lecture was delivered by Prof. J.P. Verma on various quality issues

in empirical research. He showed the procedure for assessing the accuracy of findings in experimental studies. Prof. S.P. Singh, Vice Chancellor of Assam Royal Global University discussed the importance of quality issues in research. Another speaker Prof. Laishram Ladu Singh, Vice Chancellor of Bodoland University also delivered a lecture on drawing a representative sample in research. Prof. A.K. Buragohain delivered a lecture on ethical issues in research. Among the dignitaries who were present in the seminar were Dr. Diganta Munshi, Registrar, RGU, Prof. Anuradha Devi, Dr. Bipul Nath, Dr. Sushmita Dey and Mr. Anurag Buragohain of RGU along with Dr. Roshan Limbu, Mr. Kiriti Kamal Bora, Dr. Hemantajit Gogoi, Ms. Mridusmita Phukan, Mr. Anjan Jyoti Chaliha of SASU. More than 100 Ph.D. scholars and guides attended the seminar in online/offline mode.



RESEARCH ACTIVITIES

Webinar on Higher Education Research

A webinar on Higher Education Research was jointly organized by Sri Sri Aniruddhadeva Sports University and Srimanta Sankaradeva University of Health Sciences on 30th June 2022 in online mode. The webinar was started with a welcome address by Prof. Dhruba Jyoti Borah, Vice-Chancellor, Srimanta Sankaradeva University of Health Sciences. The introduction of Prof. J.P. Verma, the speaker of the webinar was given by Prof. Mangala Lahkar, OSD, Srimanta Sankaradeva University of Health Sciences. The webinar was delivered by Prof. J.P. Verma, Vice Chancellor, Sri Sri Aniruddhadeva Sports University, Chabua. He emphasized the importance of sample size determination and the designing of research studies for ensuring reliability in findings. He motivated the research scholars of the medical sciences to follow structured guidelines in their research projects by identifying research questions concretely. After the lecture in the webinar, an interactive session was held where the audience clarified their research issues. Towards the end of the session Prof. Mansi Mitra, Registrar, SSUHS gave her concluding remarks. The seminar ended with a vote of thanks by Prof. Marami Dutta of Srimanta Sankaradeva University of Health Sciences.

IMPORTANT VISITS

Visit of Addl. Chief Secretary to Government of Assam

Sri Paban Kumar Borthakur, IAS, Additional Chief Secretary to the Govt. of Assam, Sports and Youth Welfare Department along with Sri Nibedan Das Patowary, ACS, Director, SYW visited the designated site of Sri Sri Aniruddhadeva Sports University at Chabua for reviewing the progress of land acquisition and other infrastructural issues of the University. During his visit, he discussed with the Vice Chancellor, Prof. J.P. Verma, the action plan of the University in detail. He had given instruction to Sri Pallav Gopal Jha, IAS, Deputy Commissioner, Dibrugarh,



to resolve the land issue as early as possible so that the work could be started at an early date. During his site visit to Chabua, the officers and the faculty of SASU such as Sri Partha Pratim Bairagi, ACS, Registrar, SASU, Sri Sanjoy Dutta, ACS, DDC, Dibrugarh, Ms. Silpi Sikha Thakuria, ACS, Circle Officer, Chabua Revenue Circle, Mr. Sanjoy Upadhyay, District Sports Officer, Mr. Bimal Gogoi, SDSO along with the staff of SASU and other officials of Dibrugarh District were present.

IMPORTANT VISITS

Interaction with Olympian Mrs. Karnam Malleshwari

An interaction meeting with Padmashree Mrs. Karnam Malleshwari, Hon'ble Vice Chancellor, Delhi Sports University, and sportspeople, coaches, and other dignitaries was organized on 21st April 2022 in the Conference Hall of Dibrugarh University Guest House. In the interaction meeting Prof. J.P. Verma, Vice-Chancellor SASU welcomed Karnam Malleshwari



and introduced her to the audience. During the session, Karnam Malleshwari gave a motivational speech for the young athletes and shared her experience during her career. She explained to the audience how to achieve laurels in sports by being focused all the time on their goal. Her speech was appreciated by the audience. After her address, lots of discussions took place about popularizing sports in the country. Smt. Karnam Malleshwari is also the member of the Executive Council of SASU nominated by the Government of Assam. In the end, the vote of thanks was offered by Sri Partha Pratim Bairagi, ACS, Registrar of SASU.

Vice Chancellor Visit in Bihu Festival at Muluk Gaon Chabua



presented to the Hon'ble Minister Shri Sarbananda Sonowal by the Vice Chancellor. During the Bihu program, a souvenir was released. Artists from the Assamese Film Industry also gave their performances during the program.

On the invitation of the Ex-Chief Minister, Sri Sarbananda Sonowal, Hon'ble Minister of Ports, Shipping and Waterways and Minister of AYUSH, Prof J.P. Verma visited his Muluk Gaon at Chabua on 15th May 2022 for attending Bihu festival. As per the tradition of honouring older people during Bihu, Prof. Verma was felicitated by the Bihu Committee of Muluk Gaon, Chabua. On this occasion, a Bhagawat Gita in the Assamese language was



IMPORTANT VISITS

Visit of Prof. Jagdish Mukhi, Hon'ble Chancellor

The Hon'ble Chancellor, Prof. Jagdish Mukhi visited Dibrugarh on 28th April 2022 and interacted with the Vice Chancellor, Prof. J.P. Verma, SASU, and other faculty in the Conference Hall of Dibrugarh University Guest House. The Hon'ble Chancellor was welcomed by Prof. Verma in a traditional manner. During the interaction meeting, he was briefed by the Vice Chancellor about the development which took place in the



University in the last two years. He was briefed about the completion of the first academic program in terms of the Post Graduate Diploma in Sports Coaching. The Hon'ble Chancellor discussed the University affair with each faculty of the University and staff. Sri Partha Pratim Bairagi, ACS, Registrar of the University briefed the Chancellor about the status of construction and the difficulty being faced regarding it. Sri Biswajit Pegu, IAS, Deputy Commissioner of Dibrugarh who was also present in the meeting briefed the Hon'ble Chancellor about the status of the land on which the University is supposed to be built. He assured the Hon'ble Chancellor that within two months all the land disputes will be over so that the construction of the boundary may take place.



At last Hon'ble Chancellor, Prof. Mukhi congratulated Prof. Verma, the Vice Chancellor of the University, and his team for the good work which has been done in the University during the last two years. Finally, the meeting ended with a vote of thanks by the Registrar of the University in which he thanked the Hon'ble Chancellor for his visit and the encouragement given to the University.

BOOK PUBLISHED

Presenting Book to the Honourable Chancellor

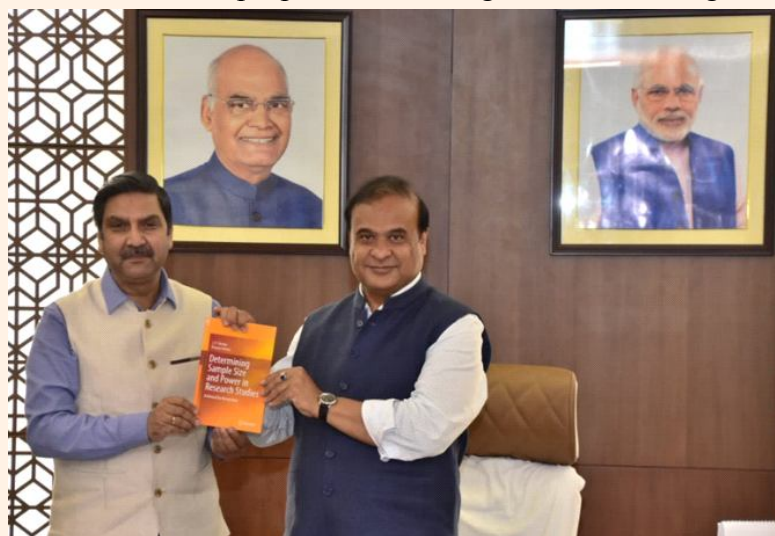


The Vice Chancellor Prof. J. P. Verma visited the Hon'ble Chancellor and Governor of Assam at Raj Bhawan Guwahati on 9th October 2021. During his visit, Prof. J. P. Verma presented his book titled "Sports Research with Analytical Solution using SPSS", to the Hon'ble Chancellor Prof. Jagdish Mukhi. This book has been published simultaneously in the USA and Canada by the international publisher John Wiley & Sons. This is the first book of India in the area of Sports Research published by any foreign publisher. The book is meant for Ph.D. scholars and researchers in the area of Sports

Sciences. The Hon'ble Chancellor congratulated Prof. Verma for his meritorious work.

Presenting Book to Honourable Chief Minister

Prof. J. P. Verma attended the Vice Chancellor's meeting with Dr. Himanta Biswa Sarma, Hon'ble Chief Minister of Assam at Janata Bhawan Guwahati on 13th May 2022. This meeting was organized for all six new Universities with the Hon'ble Chief Minister of Assam to help them to get the 12 (B) status by the UGC. During the meeting, the Hon'ble Chief Minister advised all the Vice Chancellors to submit their proposal of teaching and non-teaching staff required in their Universities so as to get recognition by the UGC in the 12 (B) category. Accordingly, Sri Sri Aniruddhadeva Sports University submitted the proposal of teaching and non-teaching faculty requirements to the government through the Sports and Youth Welfare Department, Government of Assam. During the meeting, Prof. J.P. Verma presented his latest book with the title "Determining Sample Size and Power in Research Studies: A Manual for Researchers" to the Hon'ble Chief Minister. Prof. Verma briefed the Hon'ble Chief Minister about the importance of his book for the researchers in India and abroad. All the researchers are always in dilemma about selecting the sample size in their study because the accuracy of findings in any study depends upon the appropriate size of the sample. This book gives the solution to the researchers to decide the sample size in their study and the power of their test. This book has been published by the international publisher Springer Nature, in Singapore.



ACHIEVEMENTS

Ms. Mridusmita attended the “Gunotsav-22” Program

Ms. Mridusmita Phukan, the lecturer at SASU, was invited as an External Evaluator to attend the "Gunotsav-22" (3rd Round) program organized by the Govt. of Assam in the Office of the Deputy Commissioner from 11th -14th May 2022. The objective of the program was to improve the quality of Elementary and Secondary Education. Ms. Phukan acted as an External Evaluator for 3 (three) schools in the Dibrugarh district. Her work was appreciated by the organizers.



Dr. Limbu attended SCERT Assam as a Resource Person



Dr. Roshan Limbu, lecturer at SASU was invited by SCERT, Assam, as a Resource Person to conduct various face-to-face training programs for implementing NEP 2020. This training program was organized by the SCERT, Assam at Navodaya Leadership Institute, Rangia, Kamrup, and Kaziranga English Academy. These programs were part of the Teacher's Orientation Program for implementing NEP-2020. Dr. Limbu conducted five sessions at Navodaya Leadership Institute,

Rangia, Kamrup, and one session at Kaziranga English Academy in the area of Sports Integrated Pedagogy on different dates. Dr. Limbu's training was greatly appreciated by the participants and organizers.

Mr. Bora attended Athletics Championships 2022

Mr. Kiriti Kamal Bora, the lecturer at SASU, was nominated as a Technical Official by the Assam Athletics Association for the 43rd State Level Junior & Senior Athletics Championships 2022. The Assam Athletics Association is an affiliated unit of the Athletics Federation of India. The Championship was organized from 8th-11th March 2022. Around 2000 athletes in



different age categories from 33 districts of Assam participated in the Championship. During this Championship 153 athletic events took place. The organizers thanked Mr. Bora for his valuable contribution to the Championship.

SIGNING OF MoU

MoU between SASU & DDR College, Chabua

A Memorandum of Understanding (MoU) was signed between Sri Sri Aniruddhadeva Sports University and Dakha Devi Rasiwasia College, Chabua (DDR College) on 11th April 2022 in the Conference Hall of Dibrugarh University Guest House. This MoU was signed during the 6th Academic and Activity Council meeting of the University. As per the MoU, the two institutions will collaborate in different academic activities as per the feasibility. Both the institutions agreed to share the practice grounds, Library, Laboratory, Medical facility, Faculty, and organize jointly seminars/conferences/workshops/short-term academic programs, and collaborative research projects. The MoU was exchanged between the two institutions by Prof. J.P. Verma, Vice Chancellor of the University, and Prof. Minati Das, President of the Governing Body of DDR College. The signatories of the MoU were Mr. Partha Pratim Bairagi, ACS, Registrar from the SASU, and Dr. B. Barman, Principal from the DDR College. During the signing of the MoU, both institutions expressed their happiness and committed their full-fledged cooperation in working together in the years to come. Many people such as Dr. Arun Ch. Das, Prof. Prasanta Saikia, Dr. Noni Rupa Chetia, Dr. Kalyan Ch. Goswami, Dr. Rubul Dutta, and Mrs. Manju Gogoi attended the event.



MoU between SASU & Dibrugarh University



A Memorandum of Understanding for academic collaboration between Dibrugarh University (DU) and Sri Sri Aniruddhadeva Sports University was signed on the 26th May, 2022 in the Conference Hall of the Vice Chancellor's Office, Dibrugarh University. During the exchange of the MoU Prof. Verma highlighted possible areas of collaboration between the two Universities. The Vice Chancellor of Dibrugarh University assured all possible help to the Sports University in its development. The signatories of the MoU were Sri Partha Pratim Bairagi, ACS, Registrar from SASU, and Prof. Jiten

Hazarika, Registrar from Dibrugarh University. The event was witnessed by Prof. Nirode Boruah, Dean, Students Affairs, DU, Dr. Dipak Chetia, Dean, Research and Development, DU, Sri Arun Chandra Das, AFS, Finance & Accounts Officer, SASU, Mr. Kiriti Kamal Bora, faculty, SASU, and Dr. Hemantajit Gogoi, faculty, SASU. Both the Universities agreed to exchange the existing facilities of their respective Universities such as Playgrounds, Library, Medical Facilities, Faculty, Guest House, and other Infrastructure. The MoU will also provide an opportunity for both Universities to jointly organize Seminars/ Conferences/Workshops/ Short-term Academic Programs. With the signing of this MoU both the Universities can jointly take up research projects, and the faculty can become Ph.D. Co-Guide in each other Universities.

SIGNING OF MoU

MoU between SASU & RGU

A Memorandum of Understanding was signed between Sri Sri Aniruddhadeva Sports University, Chabua, and the Assam Royal Global University, Guwahati on 17th June 2022. The signatories were Sri Partha Pratim Bairagi, ACS, Registrar from SASU, and Dr. Diganta Munshi, Registrar, from RGU, Guwahati. The MoU was exchanged between the two institutions by Prof. J.P. Verma, Vice Chancellor, SASU, and Prof. S. P. Singh, Vice Chancellor, RGU, Guwahati. During the event, both the Vice Chancellors agreed to hold many academic and research activities jointly in the days to come. The Vice Chancellor Prof. S. P. Singh said that the unique feature of this MoU is that we initiated the collaborative process today itself before signing the MoU in the form of jointly organizing the Seminar on "Focus Towards Quality Research" for the Ph.D. scholars of the University.



PUBLICATIONS

The following publications were made by the faculty of the university during the year:

Prof. J P Verma

- ☆ Workplace Stress and Coping Mechanism in A Cohort of Indian Service Industry. Asia Pacific Management Review, 26(3), 2021. ISSN 1029-3132.

Dr. Hemantajit Gogoi

- ☆ A Statistical Model for Prediction of Lower Limb Injury of Active Sportsperson. International Journal of Human Movement and Sports Sciences, 9(6), 2021. ISSN: 2381-4381 (Print), ISSN: 2381-4403 (Online).
- ☆ Health Related Physical Fitness of School Going Girls in Indian Himalayan Region: An Analytical Survey. Universal Journal of Public Health, 9(6), 2021. ISSN: 2331-8880 (Print) ISSN: 2331-8945(Online).

EXTENSION ACTIVITIES OF THE UNIVERSITY

Celebration of National Sports Day

Sri Sri Aniruddhadeva Sports University celebrated National Sports Day on 29th August 2021, commemorating the 116th birth anniversary of the legendary hockey player Major Dhyan Chand in the temporary office of SASU, 2nd floor, DICC Building, Dibrugarh. Prof. L.K. Nath, Hon'ble Vice Chancellor of Dibrugarh University, was the Chief Guest. He was welcomed by the Hon'ble Vice Chancellor, Prof. J.P. Verma in a traditional manner. In his welcome address, Prof. Verma paid tribute to the "Hockey Wizard"- Major Dhyan Chand and suggested the young talents present during the event

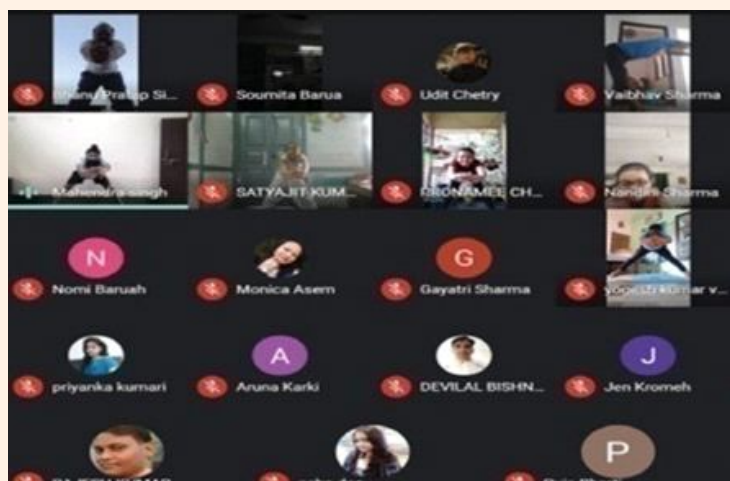


to inculcate qualities like discipline, hard work, and determination to enhance their performance. Further, Prof. Nath enlightened the audience by exhibiting Major Dhyan Chand's dynamic personality. The University felicitated and encouraged the budding sports talents and medalists from different parts of the Dibrugarh district. During the program, Sri Sanjoy Upadhyaya, District Sports Officer, Sri Bimal Chandra Gogoi, Sub Division Sports Officer of the district, Dr. Hemantajit Gogoi, faculty, and other non-teaching staff of SASU were present. The program ended with a vote of thanks by Sri Kiriti Kamal Bora, (I/c) Academics, SASU.

Summer Camp on Fitness and Yoga

In view of the COVID-19 pandemic, the University organized a one-month summer camp on fitness and yoga for a healthy life. The program was meant for the general public with the objective to boost their immunity, improve cardio-respiratory efficiency, and mental strength, maintain healthy body weight and improve sleep patterns.

The theme of the summer camp was "Stay Home, Stay Safe, Stay Happy". This camp was organized from 11th-13th June 2021. Forty participants actively participated in this online program. Mr. Vizobilie Punyu, Mr. Mahendra Singh, and Miss Purnima Chetry were the instructors in the program. All the participants were awarded certificates after completion of the program.





Follow SASU on Social Media:



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