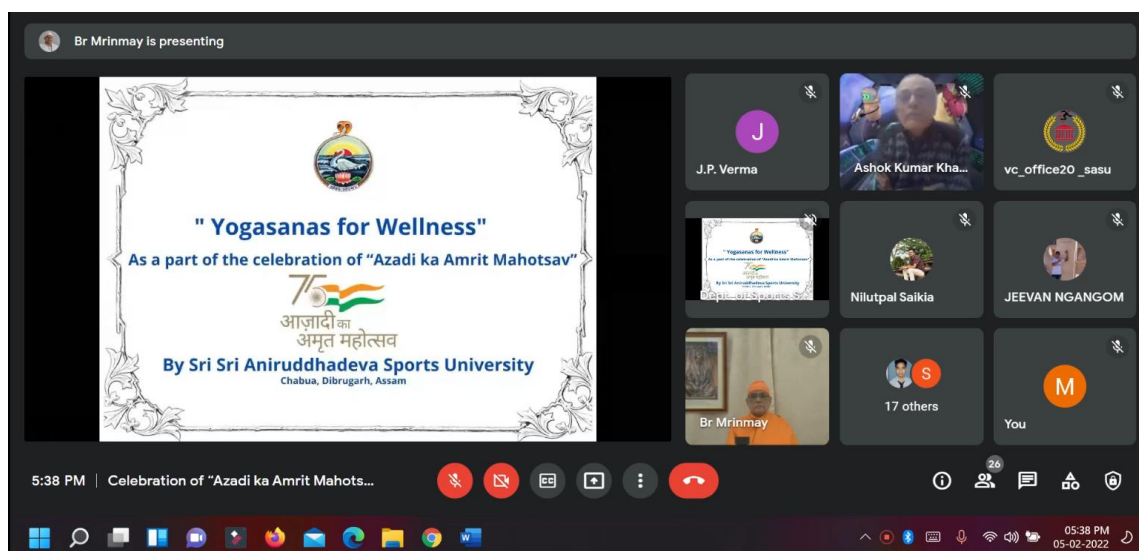


Report on the 2nd Lecture of the Popular Lecture Series on the title “Yoga for Healthy Society”

The 2nd lecture of the popular lecture series was conducted on 5th February, 2022 (Saturday) at 5.00 PM through online mode and the speaker was Swami Atmapriyananda Ji, Pro-Chancellor, Ramkrishna Mission Vivekananda University, West Bangle. The event was started with an introductory speech by Dr. Hemantajit Gogoi, Coordinator, Azadi Ka Amrit Mahotsav followed by the formal welcome speech by Prof. J P Verma, Vice-Chancellor, Sri Sri Aniruddhadeva Sports University, Chabua, Assam. Under the title of the lecture, “Yoga for Healthy Society”; the speaker had delivered a motivational talk on 'Yoga for wellness, peace and harmony’ and afterward, students of M.A. and Postgraduate Diploma of RKMVERI had demonstrated Yoga Asanas and Surya Namaskara. All the faculties and administrative staffs along with the students of PGDSC, SASU and few outside attendees were also present at the event. The event was also graced with the presence of Prof. G.D. Sharma, VC, USTM and Ashok Kumar Khandelwal, Finance Officer of LNIPE. The event ended with a vote of thanks by Mr. Kiriti Kamal Bora, In-Charge Academics, Sri Sri Aniruddhadeva Sports University, Chabua, Assam.

This was conducted as scheduled activity to celebrate Azadi Ka Amrit Mahotsav.

Some clips of the day:



Br Mrinmay is presenting

BASIC JOINTS MOVEMENT (SHITHIL KRIYA)
 by the Students of Yoga Department RKMVERI
 on the eve of
 75 आजादी का अमृत महोत्सव
 by Sri Sri Aniruddhadeva Sports University

5:38 PM | Celebration of "Azadi ka Amrit Mahots..."

Participants: J.P. Verma, Ashok Kumar Kha..., vc_office20_sasu, Nilutpal Saikia, JEEVAN NGANGOM, Br Mrinmay, 17 others, You.

5:03 PM | Celebration of "Azadi ka Amrit Mahots..."

Participants: Ashok Kumar Khandel..., Br Mrinmay, vc_office20_sasu, Alnu Sonowal, Bandna Verma, KIRITI KAMAL BORA, Nilutpal Saikia, JEEVAN NGANGOM, Sujan Datta, J.P. Verma, MRIDUSMITA PHUKAN, Dr. Gopal Agarwal, Kushal Bori, Gitali Moran, 8 others, You.

Br Mrinmay

5:13 PM | Celebration of "Azadi ka Amrit Mahotsa..."

Participants: J.P. Verma, Ashok Kumar Khandel..., vc_office20_sasu, KIRITI KAMAL BORA, 17 others, You.

Br Mrinmay is presenting



5:57 PM | Celebration of "Azadi ka Amrit Mahots..."

