

2023

OPEN FOR  
ADMISSION



SRI SRI ANIRUDDHADEV  
**SPORTS**  
**UNIVERSITY**

ASSAM

**A STATE UNIVERSITY OF ASSAM GOVT.**  
Recognized by the UGC under 2(f) Categories

IMAGINE THE POSSIBILITIES AND ENROLL IN EXCELLENCE



APPLICATIONS ARE INVITED FOR ADMISSION TO

## BACHELOR OF PHYSICAL EDUCATION (HONOURS / HONOURS WITH RESEARCH)

A 4-YEARS UNDERGRADUATE PROGRAM WITH MULTIPLE ENTRY AND EXIT OPTIONS

Contact Us

 [www.sasu.ac.in](http://www.sasu.ac.in)

2nd Floor DICC Building near District  
Library, Chowkidingee, Dibrugarh, Assam- 786003

 0373-2950466



### Admission Announcement

#### Bachelor of Physical Education (Honours/ Honours with Research)

A 4 Years Undergraduate Program as per New Education Policy 2020

#### About the University

Welcome to Sri Sri Aniruddhadeva Sports University, the first Sports University of the Assam Government. Established on 22nd June 2020, we are recognized as a pioneer in sports education. Located in Chabua, Dibrugarh, our university transforms aspiring athletes into champions while promoting sportsmanship and a healthy society. We have the authority to award degrees as per UGC guidelines under section 22. Our focus areas include teaching, research, and practical sports and physical education training.

**Teaching and Research:** Our esteemed faculty members are experienced professionals who are passionate about imparting knowledge and shaping the next generation of sports professionals. Through our rigorous academic programs, we provide a solid foundation in sports sciences, coaching techniques, sports management, and allied disciplines.

**Elite Sport Development:** We believe in nurturing and supporting the development of elite athletes. Our university provides specialized training programs, state-of-the-art facilities, and expert coaching to help athletes reach their full potential. We aim to produce champions who can represent our nation on national and international platforms.

**Nurturing Sports Talent:** We understand the importance of identifying and nurturing young sporting talent. We provide opportunities for promising athletes to excel in their chosen disciplines through various talent identification programs, scholarships, and mentorship initiatives. Our university serves as a breeding ground for future sports stars.

**Community Sports and Fitness:** We believe in promoting a healthy and active society. Our university actively engages with the community through sports and fitness programs, promoting the importance of physical activity, and organizing events that encourage participation from all age groups. We aim to inspire and create a positive impact on society through sports.

**Embrace Excellence at SASU:** Join us on a journey of personal and professional growth. With innovative education, world-class facilities, renowned faculty, and hands-on experience, we aim to be India's leading sports and physical education university, shaping tomorrow's champions. Unlock your potential today and believe in the transformative power of sports. Let's create a generation of talented athletes, sports leaders, and individuals committed to a healthy and active lifestyle.



#### About the Program

The Bachelor of Physical Education (Honours/Honours with Research) is a four-year undergraduate program designed as per the NEP 2020 guidelines following the UGC framework. This program offers multiple entry and exit options, allowing students to receive a certificate, diploma, bachelor's degree, or bachelor's degree in physical education (Honours/Honours with Research) based on their completion of one, two, three, or four years respectively. However, the recommended duration is four years. Key features of the program include:

- **Duration:** The program spans over eight semesters, comprising a total of 160 credits.
- **Choice of Majors:** Students can select one major from three options: Sports Biomechanics, Sports Psychology, and Sports Physiology. Additionally, they can choose one minor sport from Track and Field, Football, Badminton, or Kho-Kho with other options as well.
- **Sports Exposure:** The program provides exposure to at least five different sports.
- **Additional Training:** Students undergo training programs for Adventure Sports, Leadership camps, and Soft Skills development.
- **Vocational and Skill Development Courses:** Vocational courses and skill development training are included in the curriculum for enhancing job prospects.
- **Specialized Local Courses:** The program offers courses tailored to local needs, like Tea Garden maintenance, Weaving Technology, & Mushroom cultivation, contributing to Atman Nirbhar Bharat.
- **Audit Courses:** Audit courses are introduced to enhance professional skills development.
- **Internship Program:** Students have the opportunity to participate in an internship program in industries for better job prospects.
- **Path to Ph.D.:** Exceptional students who achieve a CGPA of 7.5/10 can directly register for a Ph.D. program after completing the Bachelor of Physical Education (Honours) with Research.
- **Sports Analytics:** The curriculum includes the introduction of Sports Analytics to prepare professionals who can assist international athletes.

#### Administrative Office:

2<sup>nd</sup> Floor Dicc Building, Near District Library,  
Dibrugarh, Assam - 786003



### **CAREER OPTIONS >>>**

Completing the Bachelor of Physical Education (Honours/Honours with Research) program opens up various opportunities and job prospects for graduates. Some of the key options include:

- **Sports Coach/Trainer:** Graduates can work as sports coaches or trainers in schools, colleges, sports academies, and professional sports organizations. They can specialize in specific sports disciplines and help athletes enhance their skills and performance.
- **Physical Education Teacher:** Graduates can pursue a career as physical education teachers in schools and colleges, promoting fitness, sports, and healthy lifestyles among students. They can design and implement physical education programs, organize sports events, and assess students' progress.
- **Fitness Instructor/Personal Trainer:** Graduates can work as fitness instructors or personal trainers in gyms, health clubs, and wellness centers. They can guide individuals in achieving their fitness goals, create customized exercise plans, and provide guidance on nutrition and lifestyle.
- **Sports Administrator/Manager:** Graduates can take up roles in sports administration and management. They can work in sports federations, sports associations, and sports event management companies, overseeing operations, marketing, and organizational aspects.
- **Sports Scientist:** Graduates can explore opportunities as sports scientists, conducting research, analysing data, and providing scientific support to athletes and sports teams. They can work in sports research institutes, sports technology companies, and sports performance centers.
- **Sports Rehabilitation Specialist:** Graduates can pursue careers as sports rehabilitation specialists, working with injured athletes and helping them recover through specialized exercise programs, therapy, and injury prevention strategies.
- **Sports Media and Journalism:** Graduates can enter the field of sports media and journalism, working as sports reporters, analysts, commentators, or sports writers. They can cover sports events, provide insights, and contribute to sports publications, television, radio, or online platforms.
- **Entrepreneurship in Sports:** Graduates can establish their own sports-related businesses, such as sports coaching centers, fitness studios, sports equipment stores, or sports event management ventures.

These opportunities highlight the diverse range of career paths available to graduates of the Bachelor of Physical Education program, allowing them to contribute to the sports industry while pursuing their passion for physical education and sports.

### **OPPORTUNITY DURING THE PROGRAM >>>**

During the four-year program, SASU offers students various opportunities to shape their careers according to their interests. These opportunities include:

**Additional Diploma Programs:** Students can pursue additional diplomas in areas such as sports management, sports journalism, yoga, and more, allowing them to gain expertise in specific fields alongside their main program.

**Sports Clinics:** The university organizes clinics conducted by Olympians and national players, providing students with valuable insights into different sports' latest rules and regulations.

**Audit Courses:** Students have the option to attend audit courses in various sports, enabling them to acquire additional skills and knowledge beyond their core curriculum.

**Certification Programs:** The university offers certification programs in disciplines like personal fitness training, strength and conditioning, sports massage therapy, sports group exercise instruction, and more. These programs equip students with specialized skills and certifications that enhance their career prospects.

These opportunities reflect the student-centric approach of SASU, allowing students to explore diverse areas of interest and expand their skill sets during the four-year program.

### **ELIGIBILITY CRITERIA >>>**

The candidate is required to pass the Senior Secondary Certificate Examination (10+2) or an equivalent examination from a recognized Education Board/Council, etc. with a minimum of 50% marks for UR and EWS categories, and 45% marks for OBC/MOBC, SC, and ST (P)/ST(H) categories.

#### **How to Apply:**

Candidates can apply online from the website [www.sasu.ac.in](http://www.sasu.ac.in) starting from 19.06.2023. The last date for online applications is 21.07.2023.

**For any queries, please contact or meet our counselor:**

**Dr. Mridusmita Phukan**

Mobile: 60004 61987

Email: [mridusmitaphukan93@gmail.com](mailto:mridusmitaphukan93@gmail.com)

#### **Class Venue:**

DHSK College, K.C. Gogoi Path, Dibrugarh, Assam - 786001